



### BUTLER'S BLUEBERRY SMOOTHIE

$\frac{1}{2}$  cup cranberry juice cocktail  
2 (6-oz.) containers low-fat blueberry yogurt  
1 cup frozen or fresh Butler's blueberries

In blender, combine cranberry juice, yogurt and blueberries; blend until smooth and frothy.  
Pour into 2 glasses and serve immediately. Serves 2.

*From the Kitchen of Mrs. Butler*

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